

CLACKAMAS YMCA &
OREGON TRAIL ELEM. PTO

Proud sponsor
PROVIDENCE HEALTH & SERVICES
PRESENT

RUN INTO FALL

KIDS' DASH, 5K RUN/WALK
SATURDAY OCT 3



5K \$20 ADVANCE REGISTRATION
KIDS' DASH \$10 ADVANCE REGISTRATION

ON-SITE REGISTRATION BEGINS AT 8 A.M.
RACES BEGIN AT 9 A.M.
PREREGISTER AT
WWW.YMCA-CLACKAMAS.ORG

RACES BEGIN AND END AT
THE NEW
PROVIDENCE MEDICAL GROUP –
HAPPY VALLEY CLINIC
16180 S.E. SUNNYSIDE ROAD
(162ND AND SUNNYSIDE RD)

A BENEFIT FOR CLACKAMAS YMCA
YOUTH PROGRAMS AND OREGON TRAIL PTO



Entry Form

Name: _____

Address: _____

City: _____ Zip: _____

Tel: _____

Email: _____

Birthdate: ____/____/____ Age _____

Gender: F M

Youth T-Shirt Size M L

Adult T-Shirt size S M L XL

I hereby accept any and all responsibility for, and assume the risk of any and all injury or damage to my person or dependent children which might arise directly or indirectly as a result of, and or participation in a YMCA program. I hereby expressly release, discharge and hold harmless from any liability whatsoever the YMCA of Columbia-Willamette, the various branches and subdivisions thereof, and all employees and volunteers in their capacities as representatives of the YMCA, expressly including, but not limited to, the Board of Directors of the YMCA of Columbia-Willamette, primary sponsors and affiliates except for injuries caused intentionally, or by willful misconduct. I certify that I am familiar with the contents of this release, that I have read and understand the same, and that it is my intention by signing this release that the same be binding not only on me, but my heirs, administrators, executors, successors, and assigns.

Signature: _____

Date: ____/____/____

Signature or Parent of Guardian (if under 18)

Entry Fees:

Kids dash \$10 advance (\$10 day of race)

5K Run/Walk \$20 advance (\$25 day of race)

Commemorative T-Shirt included in all prices

Total amount enclosed

Register on-line at www.ymca-clackamas.org or make checks payable to Clackamas YMCA and mail with registration form to: 10121 Sunnyside Clackamas, OR 97015